

## PSORIASIS AREA AND SEVERITY INDEX (PASI) WORKSHEET

The Psoriasis Area and Severity Index (PASI) is a quantitative rating score for measuring the severity of psoriatic lesions based on area coverage and plaque appearance.

Plaque characteristic	Lesion score	Head	Upper Limbs	Trunk	Lower Limbs		
Erythema	0 = None 1 = Slight 2 = Moderate 3 = Severe 4 = Very severe						
Induration/Thickness							
Scaling							
Add together each of the 3 scores for each body region to give 4 separate sums (A).							
Lesio							

Percentage area affected	Area score	Head	Upper Limbs	Trunk	Lower Limbs	
Area Score (B)  Degree of involvement as a percentage for each body region affected (score each region with score between 0-6)	0 = 0% 1 = 1% - 9% 2 = 10% - 29% 3 = 30% - 49% 4 = 50% - 69% 5 = 70% - 89% 6 = 90% - 100%					
Multiply Lesion Score Sum (A) by Area Score (B), for each body region, to give 4 individual subtotals (C).						
	Subtotals (C)					
Multiply each of the Subtotals (C) by amount of body surface area represented by that region, i.e. x 0.1 for head, x 0.2 for upper body, x 0.3 for trunk, and x 0.4 for lower limbs.						
Body Surface Area		x 0.1	x 0.2	x 0.3	x 0.4	
	Totals (D)					
Add together each of the scores for each body region to give the final PASI Score.						

PASI Score =	
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